

Dr. Phoenix E. Rosewood, M.A., Ph.D., LMHC

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EDUCATION**Ph.D. Counselor Education & Supervision 2026**

Antioch University, Seattle, WA

CACREP-Accredited

Dissertation is titled *Interpersonal reckoning: The liminal space between rupture & repair in counselor education* and uses a Reflexive Thematic Analysis alongside a Critical Embodied Phenomenological Analysis to fully explore the impact of meaningful repair attempts after a Racial, Ethnic and Cultural (REC) microaggression occurs.

M.A. in Clinical Mental Health Counseling 2013

Antioch University New England, Keene, NH

CACREP-Accredited

B.A. in Religious Studies 2009**Minor in Political Studies & Women and Gender Studies**

Chapman University, Orange, CA

LICENSURE & CERTIFICATIONS

- **LMHC (Massachusetts) License #10863**
- Exposure Response Prevention (ERP) trained (2025)
- Intersectional Supervision: Broaching Power Differentials in the Supervisory Relationship (2024)
- Transcultural Counselling Certificate, IAC (2023)
- Trained in EMDR Levels 1 & 2 (2020)
- Hakomi Character Mapping Certificate (2019)

WORK EXPERIENCE**Antioch University 2021-2026****Counselor Education and Supervision, Doctoral Program (CACREP-accredited)****Faculty, Masters in Clinical Mental Health Counseling Program (CACREP-accredited)****Keene, NH; Yellow Springs, OH; Online**

Masters Clinical Mental Health Counseling Program Courses taught

- COUN 5902 Foundational Counseling Skills
- COUN 6030 Group Counseling
- COUN 6062 Social Cultural & Diversity
- COUN 5542 Counseling Theories
- COUN 6990 Clinical Internship-Faculty Instructor
- COUN 5262 Human Growth and Development
- COUN 5182 Human Sexuality: Counseling Gender and Sexual Minorities

Clinical Residency Faculty

- Provide live clinical supervision, instruction and evaluation for students in their group clinical skills residency at Antioch University Yellow Springs Campus

Ph.D. CES Program Courses taught

- *COUN 7420 Advanced Clinical Supervision*

Department Service

- Budget and operations oversight of Keene, NH campus
- Admissions Committee: Directed all recruitment and retention efforts for Keene, NH-based program, applicant material review, interviews and acceptance offers
- Social Justice Committee: Created assessment measures to better evaluate the incorporation of gender justice principles into departmental training; hosted departmental training on gender justice
- Adjunct hiring, training and support for Keene campus faculty
- Worked with partner sites to expand counselor training opportunities
- Oversight of Keene campus clinical supervision and local internship sites
- Performed program development, CACREP syllabus alignment and other administrative tasks associated with the Keene campus
- Supervision and oversight of work study students
- Student Advising of 35 + students, support with licensure and career planning
- Course Mentor and ensured CACREP Curricular alignment for Human Sexuality: Counseling Gender and Sexual Minorities *and* Social & Cultural Diversity
- University Service
- New building committee member responsible for university expansion and student growth and consultant for building training clinic
- Professional Development training
- Developed and facilitated Continuing Education Workshop on Broaching Power dynamics in Clinical Supervision for local clinical supervisors

Consultant and Faculty

2014

Counselor Wellness Institute, Antioch University New England

Trained and taught participants about Vicarious Trauma's (VT) individual and systemic effects

- Facilitated process groups
- Created content for 2-day institute based on current research, literature and best practices
- Compiled data regarding training evaluation and outcomes

Lead Researcher

2013- 2014

Counselor Wellness Institute, Antioch University New England

- Conducted a literature review of peer-reviewed scholarship related to institutional strategies to prevent and mitigate the effects of secondary traumatic stress

Frontera Learning Collective

2026

Co-founder, Director of Operations and Impact

Counselor Education, Advanced Clinical Training and Clinical Certificates

- Grounded in multiculturally responsive and the ACA (2014) ethical codes outlining social justice practice and training
- Perform assessments on learning, teaching and outcomes and CACREP/NBCC accreditation
- Develop relevant trainings for counselors, supervisors and counselor educators
- Facilitate trainings
- Manage budget and operations

Phoenix Rosewood, PhD, LMHC Private Practice

2018-Present

Licensed Mental Health Counselor

Northampton, MA

- Facilitate trainings for newly licensed mental health counselors in Massachusetts in how to establish a private practice 2026
- Provide adult individual psychotherapy to patients using evidence-based, trauma-informed, relational cultural, anti-oppression, integrative, experiential, attachment and mind-body approaches
- Employ EMDR as necessary for trauma integration and the installation of resources/scaffolding
- Utilize ERP interventions in treating OCD
- Assess for clinical symptoms and provide billable diagnosis when appropriate
- Provide resources and referrals when necessary
- Monthly group facilitation of queer-identifying women in a closed group supporting educators, therapists, healers and activists 2017-2020
- Gender affirming treatment including: writing letters for gender affirming medical procedures, psychoeducation, relational outreach/advocacy, community & resource building with trans, non-binary and gender diverse clients
- Provide Clinical Supervision and Consultation for gender affirming care and trauma recovery
- Training Video (self produced, used in Social & Cultural Diversity 2026
- Facilitator for *Intersectional supervision: Broaching power differentials in the supervisory relationship* 2024
- Facilitator for bi-weekly vicarious trauma group 2013-2014
 - o Developed content for group
 - o Facilitated bi-weekly process group of clinicians, social workers and crisis-responders
 - o Provided education regarding Vicarious Trauma based on current scholarship

Saint Mary's University

Fall 2025

Course Development, Psychology Department

Bachelor's in Psychology

- **PSYCH400 Trauma**

University of Northern Colorado (in-person and online), CACREP-accredited 2015

Co-Instructor

Professional Orientation to Community Counseling (APCE 650):

Masters Clinical Mental Health Counseling Program

- Taught 3-credit course, in-person and online for Masters students in the Clinical Mental Health Counseling Program

University of Northern Colorado, CACREP-accredited

2014-2015

Post Masters Clinical, Teaching & Research Experience

Counselor Education and Supervision Department

- Completed Graduate assistant work for tenure track faculty
- Performed comprehensive literature reviews for current faculty research projects
- Format and prepare copy edits for presentations
- Provided live supervision in counseling clinic

- Worked with clients with complex presentations in university clinic

Servicenet

2012-2014; 2017-2019

Outpatient Therapist & Promoted Intern

Northampton & Greenfield, MA

- Provided short and long-term individual, family, and couple psychotherapy to patients with billable DSM diagnoses
- Assessed clients for clinical symptoms including risk, suicidal ideation, depression, and anxiety
- Facilitated process-oriented, Interactive Behavioral Therapy (IBT) and positive psychology groups

Pathways

Program Therapist & Promoted Intern

2012-2014

Northampton, MA

- Provided short and long-term individual and family psychotherapy to adolescent and latency age groups referred by Department of Mental Health
- Lead a DBT/IBT skills group for adolescent and latency age children
- Consulted with other clinicians, therapeutic mentors, in-home therapy teams
- Facilitated Experiential and Adventure Based Therapeutic programming in myriad settings
- Training In-service Professional Development
 - *Positive Psychology: Assessing our strengths and shadows to better understand our clients' strengths and struggles*
- Training In-service Professional Development
 - *Self-Care Training*

Bridges Program-Amherst Middle School

2011- 2012

Therapeutic Teacher Intern

Amherst, MA

- Counseled, coached, and provided therapy and de-escalation to adolescents (7th/8th grades) with high emotional, behavioral, and social needs
- Collaborated with administrators, teachers, paraprofessional staff, parents, and other counselors to create and support changing emotional and behavioral accommodations
- Co-lead an "Essential skills: DBT/CBT group" for male Bridges students
- Collected data and performed informal and formal assessments routinely to serve and support students IEP's: Functional Behavioral Assessments (FBAs) and Behavioral Intervention Plans (BIPs)

RESEARCH AND SCHOLARLY CONTRIBUTIONS

PEER REVIEWED JOURNAL ARTICLE PUBLICATIONS

- **Rosewood, P.** (2026). TNG Southerners' experiences of seeking reproductive and pregnancy-related care in the American South. [in progress].
- **Rosewood, P.** (2026). Interpersonal reckoning: The liminal space between rupture & repair in counselor education. [in progress]
- **Rosewood, P., Fort, K., Thorson-Olesen, S., & Belknap, L.** (2026). Refusing damage, defying the narrative: Delphi study of counselor educators' surviving and thriving. *Wisconsin Counseling Journal*. [conditionally accepted, pending revisions]

- **Rosewood, P. (2026).** The unspoken curriculum of shame: Barriers to multiculturally Responsive Preparedness in Counseling Programs. *ACES Teaching, Practice, and Biography*. [in progress]
- Thorson-Olesen, S., Belknap, L., Velidow, E., Gaul, J., **Rosewood, P.**, & Da Costa Silva Beall, N. (2026). Understanding counselor burnout from an ecological systems perspective. *Journal of Counselor Preparation and Supervision*. [accepted]
- **Rosewood, P. (2025).** Attuning to transgender, nonbinary and gender-expansive counseling students' needs. *The Wisconsin Counseling Journal*, 38, 65–79.
- Thorson-Olesen, S., Goethel, A., Mensink, A., Henrickson, A., Valente, J., Brako-Owusu, P., Schmitz, K., & **Rosewood, P. (2025).** Challenges and strategies for maintaining sobriety in rural areas: A consensual qualitative analysis. *Wisconsin Counseling Journal*, 38, 46–64.

Research interests include: *Gender and Sexuality, Intersectionality in Counseling and Counselor Education, LGBTQIA+ counseling, recovery and advocacy, transformative justice, anti-racist teaching and supervision praxis, relational leadership and teaching*

PEER REVIEWED CONFERENCE PRESENTATIONS

- **Rosewood, P. (September 2026).** To dwell well: Reconnection and relational endurance in counselor education. Education session proposal for **NARACES Manchester, NH**. [under review]
- **Rosewood, P. (October, 2026).** Staying in the room is the work: Rupture, repair, relational endurance and multicultural reckoning. **WACES Reno, NV**. [accepted]
- **Rosewood, P. (October, 2025).** Navigating counselor education on the margins: Intersectional insights from a delphi study. **ACES Philadelphia, PA**.
- Belknap, L., Thorson-Olesen, S. **Rosewood, P.**, & Velidow, E., (October, 2025). Beyond self-care: Examining counselor burnout through ecological systems theory. **ACES Philadelphia, PA**.
- **Rosewood, P. (October, 2024).** Not all babies come from women: How CEs can prepare students and supervisees working with TNG folks. **WACES, Tucson, AZ**.
- Thorson-Olesen, S., **Rosewood, P.**, Kim, I., Velidow, E., Cornell, K., Subhan, S., (September, 2024). From overwhelm to wellbeing: Navigating counselor burnout through counselor education & supervision. **NARACES Atlantic City, NJ**.
- **Rosewood, P. & Nelei, G. (2024).** Trans, nonbinary & gender expansive student experiences in counselor education programs: Building learning communities of responsive andragogy & mentorship. **ACES webinar series**.
- **Rosewood, P. & Schmidt, M.K. (2015).** Making the implicit explicit: Focusing as a creative and culturally responsive approach in supervision. **ACES**.
- Horton, M., & **Rosewood, P. (2015).** Education and awareness of training counselors to work with adult survivors of childhood sexual abuse. **ACES**.

INVITED PRESENTATIONS

- **Rosewood, P. (March, 2026).** *Rupture and repair in counseling*. Guest Lecture for Dr. Lisa Belknap's Counseling Theories course, Antioch University New England.
- **Rosewood, P. (February, 2026).** *The Pedagogy Podcast*. Guest on episode 4. <https://www.youtube.com/@PedagogyPodcast>
- **Rosewood, P. (November, 2025).** *The counseling ethics behind pronoun use*. Guest Lecture for Lisa Belknap's Professional Orientation and Ethics course, Antioch University New England

- **Rosewood, P. (May, 2025).** Psychodrama and dynamics in group counseling. Guest Lecture for Lisa Belknap's *Internship course, Antioch University, Seattle*
- **Rosewood, P. (2025, February).** Counseling gender and sexual minorities. Guest Lecture for Dr. Amy Morrison's *Social and Cultural Diversity Art Therapy course, Antioch University New England*
- **Rosewood, P. & Griskiewicz, A. (July, 2024).** Fat stacks or martyr money: Talking about the M word (money) in consideration of ethical codes and personal values. *PhD residency, Antioch, Seattle*
- Valdez, D. & **Rosewood, P. (April, 2024).** Working with Trans Latinx/e Asylum Seekers. *Collective Power Reproductive Justice Conference.* Hadley, MA.
- **Rosewood, P. (February, 2024).** Multicultural counseling skills: Challenging. *Antioch University, Seattle*
- **Rosewood, P. (January, 2024).** Moving beyond the binary: Are counselor educators equipped to address gender justice in their classrooms? *PhD Residency, Antioch University, Los Angeles*
- **Rosewood, P. (December, 2023).** Intersectional praxis: Broaching and beyond with gender expansive clients. *Antioch University, Seattle*
- **Rosewood, P. (November, 2023).** Language, colorism x gender justice in Mexico. *Antioch University, Seattle*
- **Rosewood, P. (August, 2023).** Trauma informed practice for counselor educators. *Antioch University Seattle*
- **Rosewood, P. (August, 2023).** D.E.I. & counseling: How anti-diversity equity & inclusion legislation impacts the counseling profession. *Antioch University Seattle*

BOOK PUBLICATIONS

- **Rosewood, P. (in progress).** *Trans women and nonbinary femmes: Trauma and gender identity.* In S. Merrilees & S. Pickett (Eds.), *Gender, Trauma-Informed Care, and Intersectionality: Theory and Critical Approaches to Justice-Oriented Mental Health.* [Unpublished textbook]

AWARDS, GRANTS & FELLOWSHIPS

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| • Recipient of the Antioch University Research Fellowship in Counselor Education and Supervision PhD Program | 2024-2025 |
| • Recipient of the University of Northern Colorado CEBS student travel scholarship | 2015 |
| • Recipient of the Rocky Mountain Association of Counselor Education & Supervision Scholars Award | 2014 |
| • Recipient of the Toni Murdock Student Innovation Award
Antioch University New England | 2013 |
| • AmeriCorps Student in Service Award
Antioch University New England | 2011 |
| • Leadership Award-Disciples on Campus
Chapman University | 2006-2009 |

PROFESSIONAL AFFILIATIONS

- American Counseling Association (2014-current)
- Society for Sexual Affectual Intersex and Gender Expansive Identities (2022-current)
- Association for Counselor Education and Supervision (2013-Current)
 - NARACES, WACES
- Counselors for Social Justice (2025)

PROFESSIONAL SERVICE

- Editorial board of the *Wisconsin Counseling Journal (WCJ)* 2024-Present
- Editorial board of *Teaching Practice Briefs (TPB)*, September 2025-Present
a publication of the Association of Counselor Education & Supervision
- University of Northern Colorado CES Doctoral Interview Day 2015
Assisted with assessment and review of Doctoral candidate's clinical skills
- University of Northern Colorado Masters Candidate Interviews 2014
Assisted in facilitating group interviews with Master's level admission candidates

TRAININGS & CERTIFICATIONS

Diagnosis, Assessment and Treatment of Contemporary Mental Health Diagnosis

- Exposure Response Prevention (ERP) and OCD training, Antioch University, Tara Ferrante, LMHC (October 2025)
- "But I'm Not an Expert!" Ethically Responding to Your Client's Substance Use, Smith College School for Social Work (October 2022)
- Domestic and Sexual Violence Training (October 2021)
- Harm Reduction Techniques for the Spectrum of Alcohol Use Disorders, Smith College School for Social Work (October 2020)
- 2 Day DBT-Training for clinicians, Northampton, Servicenet Outpatient Clinic (Sept 2018)
- Positive Psychology & Psychodrama Training, Amherst, MA (February 2014)
- Mandated Reporter Training, Northampton, MA (2013)
- High Risk and Behavioral Interventions Training (September 2013)
- Risk Assessment Training, Northampton, MA (2012)
- The Flaming Crucible: Mood Disorders as Inflammatory Disease, Larken Bunce (September 2015)

Advanced Treatment for Trauma

- EMDR Levels 1 & 2 Training, Mark Nickerson (June 2020 & Sept 2020)
- EMDRIA member
- Hakomi Character Map Series Training, Warren, Rhode Island (February 2019-May 2019)
- Trauma, SUDS and the Brain, Northampton, Servicenet Outpatient Clinic (May 2018)
- Vicarious Trauma Training, Antioch University New England, Keene, NH (May 2014)
- Trauma-informed, Child and Adolescent Focus Treatment Training, Northampton, MA (October 2013)
- Fight, Flight, Freak & Freeze: Understanding Sympathetic Stress, Jim McDonald (September 2015)

Multicultural and Social Justice Counseling & Supervision

- Intersectional Supervision: Broaching Power Differentials in the Supervisory Relationship (May 2024)
- Transcultural Counseling Certificate, IAC (October-December 2023)
- Hearing Voices, Caroline Mazel-Carlton, The Wildflower Alliance (November 2023)
- Unbodying White Bodied Supremacy 100-Level course, Trauma Conscious School of Liberation, Amber Arnold, Susu Community Farm (January 2021-March 2021)
- Calling In the Calling Out Culture, Loretta Ross, (January - February 2021)
- #NoKXL Boston Promise to Protect Training, 350 Mass, Boston, MA (2019)
- Non Violent Direct Action Training (NVDA) Sugar Shack Alliance, Northampton, MA (July 2017)

- Peacekeeper Training for Marches and Other Actions, Truth School, Greenfield, MA (2017)
- Herbalism as a Tool for Social Justice, Jen Stovall & Janet Kent (September 2015)

Gender Justice, Gender affirming care and LGBTQIA affirming clinical practice

- Chi Sigma Iota (CSI) training: Navigating the Political Landscape as Counselor Advocates: A How to Guide for State-Level LGBTQ-Affirming Legislative Advocacy, Dr. Gene Dockery (October 2023)
- Gender Justice Training, AUNE, Dr. Gene Dockery (September, 2023)
- Gender Inclusivity Training, AUNE, Shannon Sennott (June 2023)
- Out in Counselor Education, SAIGES, NBCC (October 2022)
- Trans-Centered Clinical Social Work: Exploring Cissexism and Use of Self in Trans-Affirming Care Confirmation, Smith College School For Social Work (January 2021)
- Sex Therapy with Erotically Marginalized Individuals, Smith College School for Social Work (May 2020)
- Trans Wellness Conference Professional Track, Mizzoni Center, Philadelphia, PA (July 2019)
- TRANS Wellness Conference Mizzoni Center, Philadelphia, PA (September 2017, 2018)

State and National Licensure

- LMHC (Massachusetts) License #10863; LCMHC (Vermont) License #068.0135588
- PASS on NMHCE (May 2018)
- CANS Certified training (July 2017)
- PASS on the National Counseling Exam (NCE) (April 2013)

HOBBIES & INTERESTS

I enjoy playing pickleball, soccer and a game of capture the flag with friends and family. Being outdoors with my family and my two dogs brings me peace and steadiness. We live rurally in the woods, amidst farmland and riverways and are enjoying our slow but steady gardening endeavours which includes me becoming over zealous every March and starting way too many seedlings. Without fail, every May, I become the community plant fairy, trying to offload the adolescent plants that can't possibly fit in our beds. The tv shows that are on a comfort loop include the West Wing, Parks & Recreation and the Walking Dead. I have been told by many sources that when I get going laughing, I sound like Count Chocula. In my youth, in addition to aspiring to become Indiana Jones, I was selected to play the lead, Macbeth, in *Macbeth* in our 6th grade production of the Shakespeare drama. When asked why they chose a 'girl' to play the prophetic 'male' character, my teacher responded with, "We needed someone to be a strong male lead, and currently, we don't have any male students who can be a male lead better than Phoenix." Huzzah! In a parallel life, I would likely be found designing and making clothing and providing interior design advice. Or I'd be in congress.